

Microwave Bowl Cozy

The tutorial will guide you from start to finish and it is to give you an idea on how to make them for any size bowl.

I made a small size cozy to fit the Corel soup/cereal bowl. **The bowl cozy is reversible and washable!**

Materials needed:

- Two, 11" squares of 100% cotton fashion fabric
(Or cut one 11" fashion fabric square and one 11" accent fabric)
- Two, 12" squares of 100% cotton batting 1 for each fabric square.
(I cut 4 Batting squares, 2 for fashion fabric and 2 for accent fabric. I wanted a thicker Cozy)
- Sewing Machine
- Superior Titanium size 100/16 topstitching needle
(You'll need the Titanium needle for sewing the topstitch, I used the titanium needle for all the stitching)
- Optional - Walking foot, a walking foot will aid in sewing cozy
- Acrylic Quilting ruler - 12" or longer
- Rotary cutter and cutting mat
- 2 Scissors – 1 fabric scissors and small scissors with sharp points
- Pins - 15 or more
- #2 lead pencil or Chalk markers (I found the #2 pencil marked great on the cotton batting)
- Wash-A-Way basting tape - to close 3" opening before topstitching
- Chopstick or Corner Turner, something that will help you push out the corners
- 100% Cotton Thread to match (I used All Purpose thread)
- Elmer's Washable School Glue stick or Roxanne's Glue-Baste (a glue that is washable)
- An old CD for the circle template.

I used poly-fil Cotton Classic Batting from Joann's Fabric store. It's 100% cotton, organic certified. It will not beard, unbleached and has no scrim.

When choosing a batting make sure it doesn't have oils in it or scrim. For this project you need 100% COTTON with no oils or scrim in it.

If you're not sure do a burn test, in a safe place. Set a small piece on fire and let it burn. Then check it to see if there is an oily like substance in the ash. If it burns to a hard ball then it has polyester in it.



When sewing with Warm Tater Batting sew slowly being that it's thicker than the Joann's Cotton Classic Batting.

I tried both battings and liked the Joann's Cotton Classic batting.

Decide how big to cut your squares. **If you have an oblong bowl measure both sides.**

Measure bowls outside edge over top to other outside edge.

My bowl measures 10". I'll be cutting my fashion and accent fabrics 11 inches squares and the cotton batting 12 inches squares.

Measure the bowl and add one inch per side.



Cut one square from each fabric, cut four squares of batting (I used Joann's batting).

******Before laying fabric on top of batting place dots of glue around fabric edges and then lay on top of batting. This will help keep them together while sewing the basting around the edges. ******

Lay fabric on top of two squares of batting and sew a *basting* stitch around the edges 1/4 inch in. This will help keep the fabric and batting from migrating.

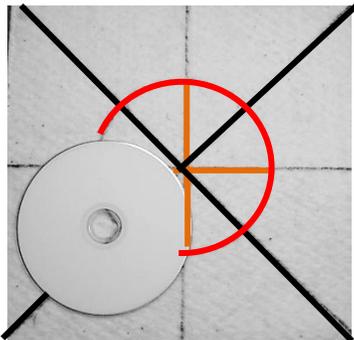
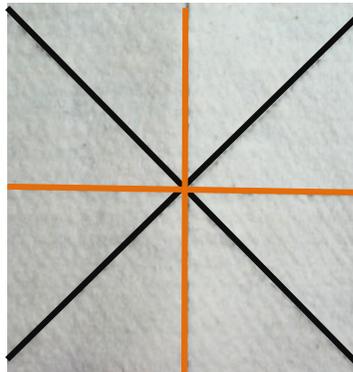


After sewing the basting stitch, cut off the batting that is sticking out beyond the fabric.

Make sure you don't cut the fashion fabric. Use the acrylic quilting ruler, placed it over top of the fabric edge, cut away the batting with the rotary cutter.

With a #2 pencil and ruler draw stitching lines on the batting. Draw an X from corner to opposite corner (**black lines**). Then draw a stitching line from side to opposite side (**Orange lines**).

******These are drawing lines only. Do not stitch these lines yet. ******



Place an old CD on top, look through clear center and center the marks. Then draw an outline around the CD (**Red circle**).

Sewing fabric and batting together:

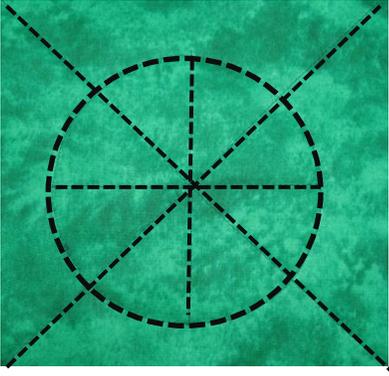
Sew the fabric and batting together following the **Black** drawing marks from corners to opposite corners (pictured above). Repeat for other set of fabric and batting. ******At this point stitch only **Black** drawn lines. ******

Now stitch around the circle (**Red Circle**) drawn with the old CD. Repeat for the other set of fabric and batting.

Stitch lines *inside the circle* (**Orange lines**) Repeat for the other set of fabric and batting. (Picture above)

******You can stitch all the way across to outside edges. This will help keep fabric and batting together ******

Be creative: After stitching the straight lines you can choose to do some free-motion stitching.



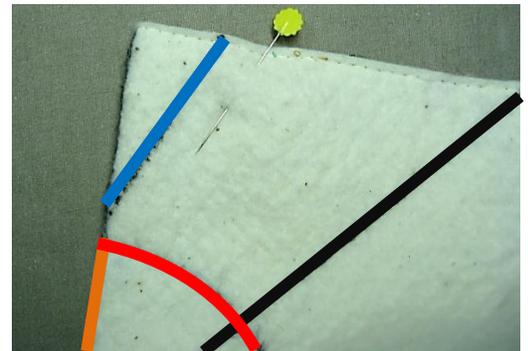
Stitches should look like this when done.

Marking darts: Sewing darts will give the cozy a bowl like shape. Fold the square in half like a book with corners together.

Measure 1" over from folded edge, mark a dot. Measure down 2 1/4" from top edge, mark a dot. Draw a line between these two marks. Sew the dart together. ******you can sew the dart to meet the circle. It will give the cozy a more snug fit around the bowls. ******

Make sure to back stitch at top and bottom of the darts.

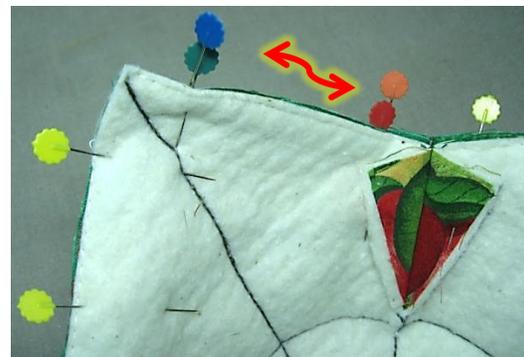
Dart is in Blue.



1. After sewing darts, use small scissors to cut down the fold, open flat then glue darts down and press to dry. Do these steps to other three sides.
2. With both halves, right sides together, match and pin the corners seams first.
3. Second match and pin the darts seams.
4. Sew 1/2" seams around outside edges, leaving a 3" opening for turning right side out. Back stitch at beginning and end of the 3 inch opening.

When sewing over darts sew slowly, you might have to hand turn the wheel, it's thick and may be hard for the sewing machine to sew through.

I always pin two pins in the place where I need to leave an opening for turning. This helps me to remember to stop and back stitch too



******Before turning right side out, trim down points and make release clips on all sides of darts. ******

This is how I clipped each point.

Clip on both sides of all darts to release tension on fabric when turned right side out.



Ironing the cozy and turn it right side out:

Place a piece of Wash-A-Way tape on the inside seam edge of the 3" opening or use glue stick in opening. Press both sides of cozy and around the edges so the cozy will be crisp for topstitching. ******Steam press will give a crisp edge to the cozy ******

Topstitch 1/4" all around the edges. On my machine I moved the needle to one side of the presser foot then I use the width of the sewing foot as a guide.

When you are done sewing, steam press the cozy and you are done.



This is the smaller Microwave Bowl Cozy with the larger Corel bowl.
February 2013